



# Addressing Gut Health & Increasing Attention

Laurel is a sweet, inquisitive, 8 year old who is in the third grade. She loves animals of any size or shape, even insects! She is so very curious and is always asking questions. When she grows up, Laurel wants to be a veterinarian. Laurel's favorite subject is math, but she is also really good at science and reading! She loves arts and crafts and playing games. One of her favorite things to do is spend time with her cousins, family, and friends!

Prior to starting care at Revolution, Laurel had chronic constipation since she was a toddler. She also had substantial anxiety, which made her chew her nails and get easily frustrated at times. For the last few years, Laurel has had noticeable ADHD-like symptoms that caused her to not be able to sit still for long, she would get distracted and had a hard time listening at school and home. She would also be easily frustrated and impulsive. However, since starting care, all of these things have improved so much! Additionally, Laurel's overall health is better and she has more energy! The Revolution Team LOVES Laurel and her amazing mom, Jenessa! Both ladies bring a joy to the office when they come in for adjustments!

**I love coming to Revolution chiropractic! I know if it weren't for them I wouldn't be where I'm at now! I love Dr. Jason and everyone here!**

~Laurel