## Benefits of Consistent Chiropractic Care

Karen is a retired homeschool mother of five. She and her sweet husband, Bob, have two girls and triplet boys! Karen is a believer in Jesus Christ and loves people so very well. She is such a kind, genuine woman, who loves deeply, while maintaining the right amount of sass and feistiness! Karen leads an active lifestyle and enjoys working out, spending time with friends, and volunteering at her church. Karen's happy place is the beach and she goes as often as she can. We're with you, Karen...we love the beach too!

-Karen

Karen has been a patient at Revolution for over five years. She first sought out chiropractic care due to some pain and tingling in her shoulders. She also struggled with hip, back, and knee pain. After being under consistent chiropractic care, her regular pain has greatly diminished so she can maintain her active lifestyle. One of the things we love about Karen is that even after her pain was addressed, she kept up with her consistent chiropractic care to maintain her overall wellness. She knows that chemical, physical, and emotional stress still affect the nervous system even if the body is not experiencing pain.

KAREN

Karen travels some to help take care of her people...and when she's travelling, she

makes sure to give her body a little extra chiropractic TLC because she knows how helpful chiropractic is to help the body process the physical stressors of sitting in a plane or car and the emotional stressors associated with caregiving!

## "I just can't even begin to tell you just how great I think Dr. Jason is. He keeps me healthier and feeling better."

